WHAT IS A PEDIATRICIAN AND HOW DO THEY SUPPORT YOUR CHILD essential CHECKLIST

1. Conduct Developmental Assessments

- ☐ The pediatrician evaluates your child's physical growth, developmental milestones, and overall physical wellness.
- ☐ They create a personalized developmental profile to help guide an individualized care plan tailored to your child.

2. Identify and Manage Co-Occurring Medical Conditions

- ☐ They screen for and treat physical challenges common in neurodivergent children, such as gastrointestinal (GI) issues and sleep disruptions.
- ☐ Treating these root physical causes helps reduce daily discomfort and supports daytime self-regulation and focus.

3. Coordinate Care Across a Multidisciplinary Team

- ☐ The pediatrician collaborates with speech-language pathologists, occupational therapists, and behaviour analysts to ensure medical safety.
- ☐ They integrate medical management directly into your child's total therapy strategy, so all care is aligned.

4. Remove Physical Barriers to Learning

- ☐ By addressing sleep issues and physical distress, they ensure medical challenges do not block your child's developmental progress.
- ☐ Relieving physical symptoms makes therapy sessions and daily routines more effective and less frustrating.

5. Build a Unified Roadmap for Long-Term Well-Being

- ☐ The pediatrician works toward optimizing overall quality of life and functional health for your whole family.
- ☐ They provide ongoing medical oversight to support your child's independence, comfort, and growth over time.