WHAT IS AN INSTRUCTOR THERAPIST (IT) OR A BEHAVIOUR INTERVENTIONIST (BI) essential CHECKLIST

1. Understand the Role of ITs / BIs

- ☐ ITs or BIs are trained front-line clinical staff who deliver dedicated, direct 1-on-1 therapy to your child.
- ☐ They work under the close supervision of Board Certified Behaviour Analysts (BCBAs), translating formal treatment plans into engaging daily interactions.

2. Recognize What ITs and BIs Do in Daily Sessions

- ☐ **Play-Based Skill Building:** Teach communication, social turn-taking, and motor coordination through games, crafts, and interactive play.
- ☐ **Routine & Self-Care Support:** Support daily living activities like handwashing, dressing, and self-regulation routines.
- ☐ **Precise Data Collection:** Track daily progress during sessions so the clinical team can adjust strategies as your child grows.

3. Value the Benefits of Dedicated 1-on-1 Support

- ☐ Provide structured, predictable guidance tailored to your child's unique sensory and learning preferences.
- ☐ Break down complex tasks into manageable steps to reduce frustration and build confidence in everyday settings.

4. Focus on Core Long-Term Outcomes

- ☐ **Functional Communication:** Empower your child to express needs and feelings effectively.
- ☐ **Enhanced Social Skills:** Support peer interactions, sharing, and group engagement.
- ☐ **Greater Independence:** Build everyday life skills to prepare your child for school and community environments.

5. Appreciate the Collaborative Clinical Team Structure

- ☐ **IT / BI (Front-Line Staff):** Focuses on direct 1-on-1 therapy, data tracking, daily skill-building, and positive play-based engagement.
- ☐ **BCBA (Supervisor):** Conducts assessments, oversees strategic care planning, designs programs, and evaluates overall progress.